



Recover Reclaim Rejoice

Sexual Assault Support Service (Southern Tasmania)

ph: 03 6231 1811

ph: 03 6231 0044

email: admin@sass.org.au

www.sass.org.au



Laurel House North and North West Tasmania Sexual Assault Support Services Inc

North

ph: 03 6334 2740

North West

ph: 03 6431 9711

email: admin@laurelhouse.org.au

www.laurelhouse.org.au

Relationships Australia
TASMANIA

Relationships Australia Tasmania has offices
in Hobart, Launceston and Devonport
located at:

Hobart

20 Clare Street
New Town TAS 7008
ph: 1300 364 277
fax: 03 6279 5073

Launceston

6 Paterson Street
Launceston TAS 7250
ph: 1300 364 277
fax: 03 6332 8015

Devonport

70 North Fenton Street
Devonport TAS 7310
ph: 1300 364 277
fax: 03 6421 3605

email: admin@reltas.com.au

tas.relationships.org.au



Tasmanian Counselling & Support Services

A free, confidential and
independent service for those
involved with, or affected by,
the Royal Commission into
Institutional Responses to Child
Sexual Abuse

1300 364 277
tas.relationships.org.au

About the services

Sexual Assault Support Services across Tasmania, together with Relationships Australia Tasmania, have been funded by the Australian Government to provide information, support and counselling for those affected by child sexual abuse. Our services are independent of the Royal Commission.

The Royal Commission has been set up to investigate and understand the experiences of children who have been sexually abused in institutions so that future generations of children can be better protected from all forms of abuse.

Who can access support?

- Anyone who experienced sexual abuse as a child within an institution – institutions can include schools, orphanages, churches, sports clubs, child care centres or foster care
- People associated with or affected by the work of the Royal Commission, such as family members, friends or professionals
- Employees of institutions where abuse took place

What support is available?

Our services can assist you with:

- Understanding how and why your childhood or past experiences may be affecting you
- Having someone to talk to about childhood sexual abuse
- Deciding if you wish to tell your story to the Royal Commission
- Preparing before, during and after meeting with the Royal Commission
- Starting to create the life and relationships you want

Counselling and Support Services offer free, independent, confidential services across Tasmania including:

- Face to face counselling/support/advocacy
- Telephone counselling
- Information and advice about what to expect from the Royal Commission process and how best to communicate with the Commission
- Case management and ongoing support throughout the process, including support at Commission public and private hearings where requested
- Support for family members and others who may be indirectly involved or affected
- Information, referral and support to access other services you may need

Why support might be helpful?

- News from the Royal Commission is affecting your life
- You are reminded of the past and either struggling to manage, or you have decided 'it's time to deal with the past'
- Past experiences are impacting on your current relationships and quality of life
- You are finding it hard to trust others
- You are suspicious of institutions and organisations
- You are experiencing ongoing emotional or other health problems
- You are unsure what to tell your loved ones
- You are deciding if you want to tell your story and would like some help to prepare your information for the Royal Commission

Specialist services are available for:

- People from non-English speaking and culturally diverse backgrounds
- Aboriginal or Torres Strait Islanders
- Individuals with disabilities or other special needs
- Prisoners and those within the justice system

Not everyone who was sexually abused as a child will need support, but it's there if needed

It's your story - you decide what you're going to share, with whom, and when