How does the Program work?

Parents attend an initial appointment where background information is collected and the current family situation is discussed.

The practitioner will assess the needs of the child or young person and the family, and determine whether CASU is the most appropriate service.

Referrals to other services may be recommended.

The child or young person attends sessions individually. Feedback is provided to parents where appropriate.

Practitioners use a range of play and activity based interventions to address the individual needs of the child or young person.

CASU develops an individualised plan for each session and provides short to medium term interventions.

CASU does not write reports or become involved in Family Court disputes.

Practitioners use a range of play and activity based interventions to address the individual needs of the child or young person.

Where are we located?

Child and Adolescent Services Unit
20 Clare Street
New Town TAS 7008
ph: 1300 364 277
fax: 03 6279 5073
email: admin@reltas.com.au
tas.relationships.org.au

The Child and Adolescent Services Unit is a program of Relationships Australia Tasmania
Some of the things we can help children and adolescents with

- Parental Separation
- Depression
- Anxiety
- Bullying
- Grief and Loss
- Improving Relationships
- Behavioural Problems
- Self-esteem

Services available for children and adolescents

- Individual Counselling and Support
- Group Programs

Who works in the program?
A multidisciplinary team of specialists including

- Psychologists
- Social Workers
- Registered Music Therapists
- Counsellors

Who can make referrals to the Child and Adolescent Services Unit?

- Parents
- Teachers
- School Social Workers
- Guidance Officers
- Community Services and other Organisations
- General Practitioners

Confidentiality
The Child and Adolescent Services Unit is confidential. The primary client is the child or young person and all information will be kept confidential and in accordance with our privacy guidelines.

Cost
The Child and Adolescent Services Unit is a fee charging service. Your individual circumstances will be considered when determining the fee for service.

Referral options can also be discussed with your General Practitioner and a Child Treatment Plan can be accepted by CASU under the Access to Allied Psychological Services (ATAPS).

We are a team of specialists who understand the unique needs of children and young people

freecall 1300 364 277
tas.relationships.org.au