At Relationships Australia Tasmania (RA Tas) we work hard to ensure that when accessing our services you feel safe and supported. Please understand that you have the right to speak up if you do not feel safe and a responsibility to ensure your actions and words make others feel the same.

**RESPECT**
It is important to have respect for others and for any rules in place at RA Tas. By showing respect and following rules, everybody can feel safe.

**SPEAK UP**
It is your right to feel safe and be supervised. It is your responsibility to tell somebody if you do not feel safe.

**LISTEN**
It is your responsibility to listen to others and it is your right to be listened to.

**PHOTOS, TRAVEL & CONTACT**
It is your right to NOT have photos taken of you; to NOT be driven anywhere without permission; to NOT be contacted via social media or phone and to NOT be visited outside of our service.